

Theatre Specific Courses and Consultancy

INTRODUCTION

RB Health and Safety Solutions Ltd are specialists within the theatre and production industry. Our expert consultants and trainers are qualified to a high standard and all have the experience to understand the unique set of demands which are placed on an organisation working within this environment.

Our theatre specific training courses are designed and developed to ensure that they are relevant to your area. As a company we pride ourselves on delivering tailored courses where the content is relevant and applicable to your own organisational needs. We will never deliver an 'off the shelf' course and instead will take the time to consider your requirements and create a bespoke course specific to you. Our administration teams will identify what your needs are whilst our trainers will develop a training programme specific to your learning requirements. Wherever possible we will always utilise your own equipment or incorporate relevant forms or local policies so that candidates can relate to the content being delivered.

Our consultants are highly qualified and extremely knowledgeable. They all have years of experience within the theatre and production environment. You will be nominated a lead consultant who is registered on the HSE Register (Occupational Safety and Health Consultants Register, OSHCR) who will be your main point of contact, as well as having access to our specialists in areas such as work at height, DSE and fire.

Whatever your requirements may be, at RB Health and Safety Solutions Ltd we believe we can deliver a first class quality service that meets the needs of your organisation. We hope you find what you are looking for. However if you do have further questions please do not hesitate to contact us on **0845 257 1489** or email at **admin@rbhealthandsafety.co.uk**

First Aid for Theatres

Automated External Defibrillator (AED) Basic Life Support (BLS) Emergency First Aid at Work First Aid for the Dance Industry First Aid at Work (3 Day) First Aid at Work Refresher (2 Day) Paediatric First Aid for Chaperones

Fire Safety for Theatres

Theatre Fire Officer Fire Awareness Fire Marshal Evacuation Chair

Work at Height for Theatres

Work at Height and Ladder Safety Ladder Inspection Working at Height (Harnesses) for Theatre and Production Rescue from Height for Theatre and Production Working and Rescue from Height for Theatre and Production Safe Use of Tallescopes Tallescope Rescue

Health and Safety for Theatres

IOSH Managing Safely for Theatre and Production IOSH Managing Safely for Theatre and Production Refresher IOSH Working Safely for Theatre and Production Manual Handling Display Screen Equipment (DSE) Awareness Display Screen Equipment (DSE) Assessor Contractor Management Control of Substances Hazardous to Health (COSHH) Risk Assessment Asbestos Awareness Noise Awareness Level 2 Award in Food Safety Level 3 Award in Food Safety

IOSH Open Courses

Consultancy

Fire Emergency Plan Fire Risk Assessments Production Risk Assessments Theatres and Production Health and Safety Audit Work at Height Risk Assessments (RA), Method Statements (MS) and Emergency Plans (EP) Risk Assessments

First Aid for Theatres

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Automated External Defibrillator (AED)

This course is based on the basic AED training course with additional aspects to suit the theatre environment such as utilising the equipment within the auditorium or on stage. This training can lead to prompt action for the casualty raising the chance of survival from 5% to 80%. This can also be run as a combined course with basic life support for a duration of 4 hours. Please contact the office for additional information and costs.

Legal Requirements?

All employers have a legal duty under the Health and Safety (First-Aid) Regulations to make first aid provisions within their workplace, and this course will help in meeting this duty.

Who Should Attend?

First aid courses of this type are suitable for anyone who is nominated to use an AED in an emergency situation.

What Will They Learn?

The course gives candidates clear and concise instruction on the use of AEDs when a casualty suffers a cardiac arrest as well as an update on how to carry out CPR.

Course Content (Summary)

- CPR Recovery position
 - Heart attacks
 - t attacks Ir
- Gaining access to casualties in difficult locations
- Insight into different equipment
- Using AED equipment
- Preparing for the arrival of the emergency services

Certificate

All candidates receive an **RB Health and Safety Solutions AED Cert**ificate valid for 3 years on successful completion of the course.

Duration: 3 Hours

Maximum Candidates: 16

Price : £595.00

Assessment: Practical Skills Test

Accredited by: RB Health and Safety Solutions Ltd

Basic Life Support

Candidates learn how to provide basic first aid including administering CPR. As specialists in the theatre and production industry we understand the unique issues facing your organisation, as such the course includes industry specific elements such as dance injuries and carrying out CPR in a theatre environment.

Legal Requirements?

All employers have a legal duty under the Health and Safety (First-Aid) Regulations to make first aid provisions within their workplace, and this course will help in meeting this duty.

Who Should Attend?

First aid courses of this type are suitable for anyone who is nominated to carry out basic life support or to assist a full First Aider at work. This course can also be used as an annual refresher for those who hold a 3 day First Aid at Work Certificate.

Duration: 3 Hours Maximum Candidates: 16 Price : £535.00 Assessment: Practical Skills Test Accredited by: RB Health and Safety Solutions Ltd

What Will They Learn?

How to approach and assess an adult casualty safely, commence resuscitation or place the casualty in the recovery position as required.

Course Content (Summary)

Assess the situation in an emergency • Administer first aid to a casualty who is unconscious Administer cardiopulmonary resuscitation Administer first aid to a casualty who is wounded and bleeding Administer first aid to a casualty who is suffering from shock Slips trips and falls • Treatment of shock • Minor injuries

Certificate

All candidates receive an **RB Health and Safety Solutions Basic Life Supp**ort Certificate valid for 3 years on successful completion of the course.

Emergency First Aid at Work (EFAW)

Accredited by the First Aid Industry Body (FAIB) this course complies with the current Health and Safety (First Aid) Regulations. The course is practically based helping candidates learn and apply the training to real life emergency situations applicable to their venue, such as on the stage and in the auditorium.

Legal Requirements?

All employers have a legal duty under the Health and Safety (First Aid) Regulations to make first aid provisions within their workplace and this course will ensure you meet that duty.

Who Should Attend?

First aid courses of this type are suitable for anyone who has been nominated as a First Aider in low risk environments or to assist the full First Aider at work.

What Will They Learn?

This course will give the successful candidate the knowledge and skills to be

qualified as an Emergency First Aider at Work in compliance with the Health and Safety (First Aid) Regulations. Staff will learn basic first aid and become confident in the treatment of casualties and their ability to act in any first aid emergency/situation within this complex environment.

Course Content (Summary)

- Insight into regulations • Treatment of an unconscious patient
- Resuscitation
- Managing an injury
- Duties of EFAW trained persons

Control of bleeding

- Gaining access to casualties in difficult locations
- Managing the scene until further help arrives

Burns and scalds

Certificate

All participants will obtain a certificate accredited by the First Aid Industry Body (FAIB) in Emergency First Aid at Work which is valid for 3 years and awarded on successful completion of the course.

Duration: 1 Day

Maximum Candidates: 12

Price : £645.00

Assessment: Practical Skills Test and Written

First Aid for the Dance Industry

With a similar structure as our standard Emergency First Aid at Work course, but tailored to focus on the types of injuries occurring within the dance sector. This course will cover basic first aid when dealing with a wide range of dance injuries with a focus on early intervention to promote speedy recovery.

Legal Requirements?

All employers have a legal duty under the Health and Safety (First Aid) Regulations to make first aid provisions within their workplace and this course will help in meeting this duty.

Who Should Attend?

First aid courses of this type are suitable for anyone who has been nominated as a First Aider in a low risk dance environment or to assist the full First Aider at work.

What Will They Learn?

Duration: 1 Day Maximum Candidates: 16 *Price* : £645.00 **Assessment:** Practical Skills Test Accredited by: RB Health and Safety Solutions Ltd

This course will give the successful candidate the knowledge and skills to be qualified as a First Aider to manage injuries associated with dance. Staff will learn basic first aid and become confident in the treatment of casualties and their ability to act in any first aid emergency/situation within this complex environment.

Course Content (Summary)

Basic insight into regulations

Recovery times

Resuscitation

• Muscle, joints and ligaments

Broken bones

Sprains

Shock Bandaging Record Keeping

Certificate

All Candidates receive an RB Health and Safety Solutions First Aid for Dance Certificate valid for 3 years on successful completion of the course.

First Aid at Work

Accredited by the First Aid Industry Body (FAIB) this course complies with the current Health and Safety (First Aid) Regulations. As specialists in the theatre and production industry we understand the unique issues facing your organisation, as such the course includes industry specific elements such as dance injuries, accessing rows of seats, when to cancel a performance and managing other audience members at the scene of an incident.

Legal Requirements?

All employers have a legal duty under the Health and Safety (First Aid) Regulations to make first aid provisions within their workplace and this course will ensure you meet that duty.

Who Should Attend?

First aid courses of this type are suitable for anyone who has been nominated as a First Aider at work.

What Will They Learn?

This course will give the successful candidate the knowledge and skills to be

qualified as a full First Aider at Work in compliance with the Health and Safety (First Aid) Regulations 1981. They will be able to competently deal with any first aid situation within the workplace.

Course Content (Summary)

- Dealing with accidents and illness • Treatment of an unconscious patient Resuscitation Treatment of shock Fractures
 - - Poisoning
- Burns and scalds Systematic approach to evacuation from seat rows

Control of bleeding

Preparing for the arrival of the emergency services

Certificate

All participants will obtain a certificate accredited by the First Aid Industry Body (FAIB) in First Aid at Work which is valid for 3 years and awarded on successful completion of the course.

Duration: 3 Davs Maximum Candidates: 12

Price: £1715.00

Assessment: Practical Skills Test and Written Assessment

First Aid at Work Refresher

This course is accredited by the First Aid Industry Body (FAIB) and is for candidates who wish to refresh and update their current accredited 3 day First Aid at Work Certificate. This course includes elements such as dance injuries, systematic evacuation of seats, when to cancel a performance and managing other audience members at the scene of an incident.

Legal Requirements?

All employers have a legal duty under Health and Safety (First Aid) Regulations to make first aid provisions within their workplace, and this course will ensure you meet that duty.

Who Should Attend?

First aid courses of this type are suitable for anyone who has been nominated as a First Aider at work. To complete this course, candidates must have an in-date approved first aid at work certificate.

What Will They Learn?

Any industry and legislatorial updates relating to first aid, and a recap on skills and knowledge already learnt under the supervision of a qualified, experienced tutor.

Course Content (Summary)

- **Minor** injuries
- Treatment of an unconscious patient
- Control of bleeding
- Resuscitation
- Record keeping

- Treatment of shock
- Fractures Poisoning
- Transporting casualties

Burns and scalds

Duration: 2 Days

Certificate

All participants will obtain a certificate accredited by the First Aid Industry Body (FAIB) in First Aid at Work which is valid for 3 years and awarded on successful completion of the course.

Maximum Candidates: 12 **Price**: £1105.00 Assessment: Practical Skills Test and Written

Paediatric First Aid (for Chaperones)

Accredited by the First Aid Industry Body (FAIB) this 12 hour course meets the standard required by OFSTED and the Early Years Foundation Stage with a particular focus on anyone working around children within the theatre and production industry. The course is recommended by the The National Child Minding Association (NCMA) and the Pre-school Learning Alliance (PLA).

Legal Requirements?

All employers have a legal duty under the Health and Safety (First Aid) Regulations to make first aid provisions within their workplace, and this course will ensure you meet that duty.

Who Should Attend?

First aid courses of this type are suitable for anyone who has been nominated as a chaperone to work with children under 16 years of age.

What Will They Learn?

An awareness of likely first aid situations which may occur when looking after children and an appropriate way of dealing with them successfully. The course will place your staff in a position where they have peace of mind that they are competent to deal with a problem should it arise.

Course Content (Summary)



- Anaphylaxis (including use of epi-pens)
- Record keeping

Certificate

All participants will obtain a certificate accredited by the *First Aid Industry Body (FAIB) in Paediatric First Aid* which is valid for 3 years and awarded on successful completion of the course.

Duration: 2 Days

Maximum Candidates: 16

Price: £1025.00

Assessment: Practical Skills Test and Written Assessment

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Fire Safety for Theatres

Theatre Fire Officer

Many theatres are required to have an on-duty 'Theatre Fire Officer' as part of their local authority licensing and to comply with the 'Rules of Management for Places of Entertainment'. Where this is applicable it is vital that this person has adequate training to undertake these duties as they will often be the first line of defence should there be an incident. This person is often called upon to oversee flame effects on stage and manage elements of an evacuation. This is a very practical course where candidates will learn to use fire extinguishing media in a variety of ways.

Legal Requirements?

The Management of Health and Safety at Work Regulations, Regulatory Reform (Fire Safety) Order and Rules of Management for Places of Entertainment.

Who Should Attend? Anyone appointed as a Theatre Fire Officer.

What Will They Learn?

Candidates will undertake practical exercises in the use of extinguishers and fire blankets in a live fire situation, as well as gaining knowledge on pre and post-performance checks, how to check fire doors, lock up and emergency procedures.

Course Content (Summary)

 H+S Law (including Rules of Management for Places of Entertainment)
 • Review

 Provision of 'reasonable' advice to the responsible person
 • Practical fire-fighting.

Review of Fire Marshal

Duration: 1 Day

Maximum Candidates: 10 Price : £1065.00 Assessment: Continuous Practical Assessment Accredited by: RB Health and Safety Solutions Ltd

Duties of Theatre Fire Officer

Certificate

All candidates receive an **RB** Health and Safety Solutions Theatre Fire Officer Certificate valid for 3 years on successful completion of the course.

Fire Awareness

Employers have a legal duty to provide staff with basic fire training and ensure that they attend regular refreshers. Within theatres the actions of your staff, if there were to be a fire, will be crucial to ensuring the safety of themselves and others in the building, as well as determining how far a fire will spread. Courses can be tailored to your venue and for larger contracts we are also able to develop tailor made tactical decision making exercises using photos and scenarios of your actual venues. Practical fire-fighting (using live fire simulators and various extinguishers) can be included in this course if the venue is suitable and there are adequate parking arrangements.

Legal Requirements?

All employers have a legal duty under the Regulatory Reform (Fire Safety) Order to ensure staff receive training and this course will ensure you meet that duty.

Who Should Attend?

Anyone who works in the theatre environment.

What Will They Learn?

This training will cover the basics of fire safety within the theatre and production environment, the various roles expected to be carried out in an emergency and how to avoid a fire in the first instance.

Course Content (Summary)

Fire behaviour Emergency plans Human nature

Assisting disabled persons

- Basic fire prevention and fire doors
- s Fire extinguishers

General fire precautions, good housekeeping and how to avoid a fire starting

• Evacuation, assembly areas and liaison

Exit routes

Certificate

All Candidates receive an RB Health and Safety Solutions Fire Awareness Certificate.

Duration: 2 Hours (without practical) 3 Hours (with practical) Maximum Candidates: 16 Price : (Face to Face) £485.00 (Virtual) £405.00 Assessment: Continuous Practical Assessment Accredited by: RB Health and Safety Solutions Ltd

Fire Marshal

Staff expected to undertake the role of Fire Marshals (often called Fire Wardens), or form part of a firefighting team require more advanced training than the basic fire awareness. This course will cover the duties of these vital roles within theatre and production environments. Courses can be tailored to your venue and for larger contracts we are also able to develop tailor made tactical decision making exercises for marshals using photos and scenarios of your specific venues. Practical fire-fighting (using live fire simulators and various extinguishers) can be included in this course if the venue is suitable and there are adequate parking arrangements.

Legal Requirements?

All employers have a legal duty under the Regulatory Reform (Fire Safety) Order to ensure staff receive training, and this course will ensure you meet that duty.

Who Should Attend?

Anyone who is a designated Fire Marshal.

What Will They Learn?

This training will cover the role of the Fire Marshal within the theatre and production environment.

Course Content (Summary)

- Fire behaviour **Emergency plans** / Evacuation strategy Systematic searching
 - Human nature
 - General fire precautions, good housekeeping and how to avoid a fire starting Basic fire prevention / fire doors / exit routes • Fire extinguishers
 - Shutting down vital or dangerous equipment

Fire firefighting equipment

Reporting faults

Certificate

All Candidates receive an RB Health and Safety Solutions Fire Marshal Certificate.

Duration: 3 Hours (without practical) Maximum Candidates: 16 Price : (Face to Face) £645.00 (Virtual) £525.00 Price : (Practical) £100.00 Assessment: Continuous Practical Assessment Accredited by: RB Health and Safety Solutions Ltd

• Assisting those in the premises to leave

Evacuation Chair

"Effective management arrangements need to be put in place for those that need help to escape" (HM Government, Fire Safety Risk Assessments). This guidance also confirms that specialist evacuation chairs (evac chairs) may be necessary to negotiate stairs. Using an evac chair in places of entertainment is becoming more popular as a way of ensuring venues can get all patrons to a place of safety in an emergency. Training in using this vital equipment is essential to ensuring staff have the confidence to use evac chairs should it be necessary. This course is practically based to ensure candidates have the confidence to use these chairs in real life situations. We request that details of your evac chair make and model are sent to our office seven working days prior to the course start date.

Legal Requirements?

All employers have a legal duty under the Regulatory Reform (Fire Safety) Order to ensure you have adequate arrangements in place for those that need help to escape (i.e. to get them to a place of 'ultimate safety', usually away from the building).

Who Should Attend?

Anyone who is responsible for evacuating those who require help to escape.

What Will They Learn?

This training will cover the basics of using an evacuation chair (set up, checks, functions, safety features, use and stowage etc), followed by a significant practical element, using the chairs in your venue.

Course Content (Summary)

- Legislation relating to fire evacuation strategies Theory on the use of the evac chair Returning to the building when safe
- Introduction to emergency evacuation plans
- Practical use of the evac chair
- Limitations of use and safety considerations
- Management of the evac chair

Certificate

All Candidates receive an **RB Health and Safety Solutions Evacuation Chairs Certificate** valid for 3 years on successful completion of the course.

Duration: 2 Hours Maximum Candidates: 6 Price : £645.00 Assessment: Continuous Practical Assessment Accredited by: RB Health and Safety Solutions Ltd

Working at Height for Theatres

Work at Height / Ladder Safety

"A third of all reported fall from height incidents involve ladders and stepladders. On average this accounts for 13 deaths and 12,300 major injuries to workers each year" (INDG402). Using ladders within the theatre and production environment is often an everyday occurrence and as such is arguably one of the most significant risks in certain departments. Providing suitable training and instruction on how to use ladders will assist in reducing this risk as well as ensuring you are complying with your legal requirements.

Legal Requirements?

All employers have a legal duty under the Work at Height Regulations to ensure staff are suitably trained.

Who Should Attend?

It is ideal for candidates who are required to use ladders as part of their job.

What Will They Learn?

Candidates gain a basic insight into the risks involved in using ladders and the appropriate controls to have in place.

Course Content (Summary)

- Legislation
- Work at height equipment

- Safe use of ladders
- Pre use ladder checks • Work at height hierarchy of control

Certificate

All Candidates receive an *RB Health and Safety Solutions Work at Height / Ladder Safety Certificate* valid for 3 years on successful completion of the course.

PPE

Duration: 3 Hours Maximum Candidates: 16 Price : (Face to Face) £645.00 (Virtual) £525.00 Assessment: Continuous Practical Assessment Accredited by: RB Health and Safety Solutions Ltd

• Safe use of step ladders

Ladder Inspection

Ensuring that ladders are safe to use is an important step in reducing the risks associated with ladder use. Whilst ladder users should be trained in the pre-use checks, ladders should also be given a detailed inspection (usually 6 monthly or annually in the theatres) by a competent person. The HSE also state that this "detailed inspection should be recorded" (INDG 402). Training staff to do this in-house offers the venue efficiency savings in both time and money whilst allowing you the flexibility to carry out inspections as and when you see fit.

Legal Requirements?

All employers have a legal duty under the Work at Height Regulations to ensure staff are suitably trained and that work equipment is inspected at suitable intervals.

Who Should Attend?

It is ideal for candidates who are required to carry out a detailed periodic inspection of ladders (including vertical fixed ladders).

What Will They Learn?

Candidates will gain an understanding of the methods of inspection, how to identify faults and what to do should an item fail.

Course Content (Summary)

- Legislation
 Work at height
- Ladder construction
- Ladder inspection process
- Record keeping

Certificate

All Candidates receive an RB Health and Safety Solutions Ladder Inspection Certificate valid for 3 years on successful completion of the course.

Duration: 1.5 - 2 Hours Maximum Candidates: 16 Price : £645.00 Assessment: Continuous Practical Assessment Accredited by: RB Health and Safety Solutions Ltd

Working at Height (Harnesses) for Theatre and Production

Using harnesses and work at height equipment is commonplace in this environment and it is often considered that this is one of the most significant risks within the industry. Any staff who use work at height equipment such as harnesses or work positioning / restraint / fall arrest systems should be adequately trained and refreshed at regular intervals. This is a practical course which is delivered on your premises so that the tutor can tailor the training to suit the areas in which your staff work. In addition to certification candidates are also awarded an ID card as proof that they have completed suitable training.

Legal Requirements?

Work at Height Regulations require all employees to provide suitable and sufficient training.

Who Should Attend?

This course is suitable for anyone who is required to work at height with fall arrest, work restraint or work positioning systems (which covers most areas in a theatre and production environment).

What Will They Learn?

This course will give the successful candidate the knowledge and skills to work confidently with a range of work at height PPE and ensure that the most suitable safe system of work is adopted.

Course Content (Summary)

- What is work at height Regulations Risk assessment
- Hierarchy of control work restraint, work positioning, fall arrest, fall factors
- Personal Protection Equipment (PPE) and Fall Protection Equipment (FPE) Pr

Practical on-site PPE and FPE exercises

Certificate

Successful candidates receive an *RB Health and Safety Solutions Certificate* and *ID card* valid for 3 years on successful completion of the course.

Duration: 1 Day

Maximum Candidates: 6

Price : £1025.00

Assessment: Practical Skills Test

Accredited by: RB Health and Safety Solutions Ltd

Rescue from Height for Theatre and Production

Working at height with harnesses could leave someone suspended should they fall. The Work at Height Regulations place a duty on the employer in such circumstances to have a method to get these individuals to a place of safety. This is a practical course which enables candidates to rescue those suspended using various equipment (rescue kits). The course is delivered on your premises using your equipment (or we can advise on the most suitable equipment for your premises if required). In addition to certification candidates are also awarded an ID card as proof that they have completed suitable training.

Legal Requirements?

Work at Height Regulations require all employees to provide suitable and sufficient training.

Who Should Attend?

This course is suitable for anyone who is nominated to carry out rescue from height.

What Will They Learn?

This course will give the successful candidate the knowledge and skills to work confidently with your venues rescue kit and carry out a range of rescues in your premises.

Course Content (Summary)

- What is work and rescue from height
 - Regulations
- Rescue plans and equipment

• Practical on-site rescue training exercises.

Certificate

Successful candidates receive an *RB Health and Safety Solutions Certificate* and *ID card* valid for 3 years on successful completion of the course.

Duration: 1 Day Maximum Candidates: 6 Price : £1025.00 Assessment: Practical Skills Test Accredited by: RB Health and Safety Solutions Ltd

Working and Rescue from Height for Theatre and Production

This course combines the 'Work at Height (Harnesses) for Theatre and Production' and 'Rescue from Height for Theatre and Production' courses for those who want to train the same staff in both courses over a two day period. The course content is the same, however candidates are issued with one certificate and ID card showing competence in both areas.

Legal Requirements?

Work at Height Regulations require all employees to provide suitable and sufficient training.

Who Should Attend?

This course is suitable for anyone who is nominated to work at height and carry out rescue from height.

What Will They Learn?

This course will give the successful candidates the knowledge and skills to work confidently with your venue's work at height systems and rescue kit.

Course Content (Summary)

 Day 1
 What is work at height
 Regulations
 Risk assessment

 Hierarchy of control - work restraint, work positioning, fall arrest, fall factors
 Personal Protection Equipment (PPE) and Fall Protection Equipment (FPE)

Day 2 What is rescue from height

Rescue plans and equipment

nt (FPE) Practical on-site PPE and FPE exercises Practical on-site rescue training exercises

Duration: 2 Davs

Price : £1980.00

Maximum Candidates: 6

Assessment: Practical Skills Test

Accredited by: RB Health and Safety Solutions Ltd

Certificate

Successful candidates receive an *RB Health and Safety Solutions* Certificate and *ID card* valid for 3 years on successful completion of the course.

Safe use of Tallescopes

The Association of British Theatre Technicians (ABTT) state that untrained persons using Tallescopes has been a contributory factor in many accidents involving this equipment (Code of practice for use of Tallescopes for working at height in theatres 2014). Following a number of research tests and consultations within the industry the ABTT and HSE have produced new safe working methods for using Tallescopes, which includes four outriggers, four push-pull posts and four non-lift castors. This guidance states that it is essential that technicians using Tallescopes are trained in their use. This is a practical course which will enable candidates to safely use a Tallescope in accordance with the ABTT guidelines. This is often run with the "Tallescope Rescue Course" as combined training.

Legal Requirements?

Work at Height Regulations require all employees to provide suitable and sufficient training.

Who Should Attend?

It is ideal for candidates who are required to use Tallescopes within the theatre and production environment.

What Will They Learn?

Candidates will gain an understanding of the relevant legislation and have the skills and knowledge to assemble, use and carry out pre use checks of Tallescopes.

Please note: The tutor will not be able to teach candidates to safely move an occupied Tallescope if your venue has a raked stage.

Course Content (Summary)

- Legislation and ABTT Code of Practice
 - Moving a Tallescope (occupied and unoccupied) Set up (flat and raked stage)

Work at height risk assessment

Safety rules

Pre use checks

Rescue plans

• Lowering a Tallescope

Inspection regime Practical on-site demonstrations and exercises

Certificate

All candidates receive an RB Health and Safety Solutions Safe use of Tallescopes Certificate and ID card valid for 5 years on successful completion of the course.

Duration: 3 Hours Maximum Candidates: 6 *Price* : £1025.00 Assessment: Practical Skills Test Accredited by: RB Health and Safety Solutions Ltd

Tallescope Rescue

The use of Tallescopes in the industry is commonplace. Should someone become unwell or unable to descend the Tallescope unaided then the employer has a legal and moral obligation to get the person to a place of safety where further help (such as medical assistance) can be given. This course will be tailored to the venue and show staff how to carry out a rescue from a Tallescope basket in a safe manner. Prior to attending this course the venue must have (or be intending to purchase) the "RB Tallescope Rescue Pack" (rescue pouch, Tallescope reach pole and accessories). It is also recommended that the venue has access to a standard rescue from height pack (however, the tutor can bring their own). This is often run with the "Safe use of Tallescope Course" as combined training.

Legal Requirements?

Work at Height Regulations require all employees to provide suitable and sufficient training and ensure that suitable rescue plans are in place during work at height activities.

Who Should Attend?

Anyone who could be responsible for taking part in the rescue of a person from a Tallescope. It is recommended (but not essential) that candidates have also received basic rescue from height training prior to attending this course.

What Will They Learn?

Candidates will be given practical training on the Tallescope rescue equipment and its deployment in their specific venue.

Course Content (Summary)

Legislation

Rescue pack overview

Rescue pack contents and use

Inspection regime

Practical exercises

Certificate

Successful candidates receive an RB Health and Safety Solutions Certificate and ID card valid for 3 years on successful completion of the course.

Duration: 3 Hours Maximum Candidates: 6 *Price* : £1025.00 Assessment: Continuous Practical Assessment Accredited by: RB Health and Safety Solutions Ltd

Health and Safety for Theatres

IOSH Managing Safely for Theatre and Production

The world's first ever "IOSH Managing Safely for Theatre and Production" training course. Created specifically for the theatre, production and entertainment industry, this ground breaking course has been developed through a partnership and in close collaboration with Delfont Mackintosh Theatres, Cameron Mackintosh Limited and RB Health and Safety Solutions. This flexible new high impact programme also complies with a number of the national occupational standards set by the Society of London Theatres (SOLT) and BECTU.

Legal Requirements?

All employers have a legal duty under the Health and Safety at Work Act to ensure suitable information, instruction and supervision.

Who Should Attend?

It is essential for all those in a position of responsibility for the management of health and safety issues in theatre and production, including managers, supervisors and senior safety personnel.

What Will They Learn?

Successful candidates gain a comprehensive knowledge of managing Health and Safety and the specific risks associated in the industry e.g. noise, working in the dark, stage equipment and handling difficult items such as costumes and COSHH.

Course Content (Summary)

- Introducing Managing Safely for Theatre and Production
- Controlling risk
 - Identifying hazards
- Investigating accidents and incidents
- Understanding your responsibilities Assessing risk Measuring performance

Protecting our environment

Certificate

On successful completion of all elements of the course candidates are awarded an IOSH Certificate in Managing Safely for Theatre and Production which IOSH recommend is refreshed every three years (see the IOSH refresher course for more information).

Duration: 3 Days Maximum Candidates: 16 **Price**: (Face to Face) £2650.00 (Virtual) £2135.00 *Certification Fees / Books*: £50 per candidate (F2F) £50 per candidate (virtual) **Assessment:** Written and Practical Assessments Accredited by: Institute of Occupational Safety and

IOSH Managing Safely for Theatre and Production (Refresher)

Created specifically for the theatre, production and entertainment industry, this course is the one day refresher to update candidates on changes in legislation as well as refresh your knowledge on subjects such as risk assessments. To attend this course candidates must have an in-date 'IOSH Managing Safely for Theatre and Production' gualification.

Legal Requirements?

All employers have a legal duty under the Health and Safety at Work Act to ensure suitable information, instruction and supervision.

Who Should Attend?

It is essential for all those in a position of responsibility for the management of health and safety issues to keep up to date. IOSH recommend that this knowledge is refreshed every three years.

What Will They Learn?

Successful candidates will be updated on legislation changes and refreshed in key health and safety subjects for their IOSH Managing Safely for Theatre and Production gualification.

Course Content (Summary)

- Managing safely (Welcome back)
- Understanding your responsibilities
- Assessing risk
- Controlling risk

- Identifying hazards
- Investigating accidents and incidents
- Measuring performance
- Protecting our environment

Certificate

On successful completion of all elements of the course candidates are awarded an IOSH Certificate in Managing Safely for Theatre and **Production Regualification** valid for 3 years.

Duration: 1 Dav

Maximum Candidates: 16

Price : (Face to Face) £1065.00 (Virtual) £855.00

Certification Fees / Books: £35 per candidate

Assessment: Written and Practical Assessments

Accredited by: Institute of Occupational Safety and Health (IOSH)

IOSH Working Safely for Theatre and Production

The little brother of the highly acclaimed Managing Safely for Theatre and Production course, this one-day course will offer a working knowledge of health and safety within the unique and demanding environment of the theatre and entertainment industry. RB Health and Safety have again teamed up with Cameron Mackintosh Limited and Delfont Mackintosh Theatres to create a high impact course that is unique, relevant, and visually stunning. With a new range of videos, presentations and games, this course is a must for any theatre professional and can be delivered in one day.

Legal Requirements?

All employers have a legal duty under the Health and Safety at Work Act to ensure suitable information, instruction and supervision.

Who Should Attend?

This course is ideal for anyone involved in theatre in any capacity whether it be from the ticket office to fly-floor or anyone who wants to gain a knowledge of working safely in a theatre.

What Will They Learn?

The successful candidate will gain an insight into health and safety in a theatre environment, where they stand as employees, and what they can do to make work easier and safer. The course also includes comprehensive instruction in manual handling and fire safety awareness.

Course Content (Summary)

- Introducing working safely
- Defining hazard and risk

Identifying common hazards

Improving safety performance

Protecting our environment

Certificate

On successful completion of all elements of the course candidates are awarded an IOSH Working Safely in Theatre and Production Certificate.

Duration: 1 Day

Maximum Candidates: 16

Price : (Face to Face) £1065.00 (Virtual) £855.00

Certification Fees / Books: £35 per candidate

Assessment: Written and Practical Assessments

Accredited by: Institute of Occupational Safety and Health (IOSH)

Manual Handling

This course has been designed specifically to give participants the necessary skills and knowledge to undertake the unique manual handling challenges presented by working in this industry. This course gives candidates an overview of safe lifting techniques and an insight into the hazards and risks involved in manual handling. What makes this course unique is the emphasis placed on industry issues where safe lifting techniques are not always practical. The tutor will discuss issues such as loading galleries, ice cream sales, team lifting on stage and in low light levels.

Legal Requirements?

All employers have a legal duty under the Manual Handling Operations Regulations to ensure employees are suitably trained.

Who Should Attend?

It is ideal for candidates who need to gain an insight into safer manual handling techniques.

What Will They Learn?

Candidates gain a basic insight into the risks involved in poor manual handling and learn safe manual handling techniques with tutors advising on risks and solutions. The course covers a basic understanding of the regulations, safe lifting techniques and the process to be followed when undertaking a manual handling assessment on a day to day basis.

Course Content (Summary)

The process of manual handling in the workplace• Manual handling injuriesActivities which cause injuryManual handling assessmentManual handling control optionsActivities which cause injuryResponsibilities imposed by regulationsPractical look at assessing manual handling risks in theatre and production

Certificate

All candidates receive an *RB Health and Safety Solutions Manual Handling Certificate* valid for 3 years on successful completion of the course.

Duration: 3 Hours

Maximum Candidates: 16

Price : (Face to Face) £645.00 (Virtual) £525.00

Assessment: Continuous Practical Assessment

Accredited by: RB Health and Safety Solutions Ltd

Display Screen Equipment (DSE) Awareness

This training course is aimed to give DSE users (those who use display screen equipment for more than 1 hour continuously per day) the knowledge necessary to set up their work station in an ergonomic way, to avoid health issues such as Repetitive Strain Injury (RSI), musculoskeletal issues, stress and tension headaches.

Legal Requirements?

All employers have a legal duty under Display Screen Equipment Regulations (Reg.6) to provide suitable training to all DSE users.

Who Should Attend?

Anyone who works with a computer or other DSE equipment such as stage monitors (i.e. automation, office staff and sound technicians) for more than 1 hour continuously per day (this is referred to as a 'Habitual User' in the regulations).

What Will They Learn?

This qualification ensures that staff are suitably trained to work with DSE in a safe manner.

Course Content (Summary)

Legislation

Hazards of DSE work

• Workstation set up

Certificate

All candidates receive an **RB Health and Safety Solu**tions DSE Awareness Certificate valid for 3 years on successful completion of the course.

Duration: 2 Hours

Maximum Candidates: 10

Price : (Face to Face) £645.00 (Virtual) £525.00

Assessment: Continuous Practical Assessment

Accredited by: RB Health and Safety Solutions Ltd

Display Screen Equipment (DSE) Assessor

This training course is aimed to give DSE Assessor<mark>s the knowledge and s</mark>kills to undertake suitable DSE assessments to ensure that any DSE users in their area are working safely and that the appropriate paperwork is complete to a satisfactory level.

Legal Requirements?

All employers have a legal duty under Display Screen Equipment Regulations (Reg 6) to provide risk assessments for all DSE users.

Who Should Attend?

Anyone who is responsible for undertaking DSE risk assessments or reviewing DSE self-assessments.

What Will They Learn?

This qualification ensures that staff are suitably trained to undertake DSE assessments.

Course Content (Summary)

Legislation

• Risk assessment and records

Hazards of DSE work

Certificate

All candidates receive an **RB Health and Safety Solutions DSE Assessor Certificate** valid for 3 years on successful completion of the course.

Ergonomics of DSE

Duration: 3 Hours

Maximum Candidates: 10

Price : (Face to Face) £705.00

Assessment: Continuous Practical Assessment

Accredited by: RB Health and Safety Solutions Ltd

Workstation set up

Contractor Management

Managing contractors on your site can be challenging for any venue. This course gives candidates the knowledge to understand the importance of managing contractors effectively, where the different responsibilities are (client and contractor) and what appropriate controls should be in place at the venue (such as safe systems of work, PPE and emergency procedures).

Legal Requirements?

The Management of Health and Safety at Work Regulations have particular importance with any client / contractor relationship. With larger scale works this would also fall under the Construction Design Management (CDM) Regulations.

Who Should Attend?

Anyone responsible for managing contractors; this often includes those who carry out induction of contractors such as heads of department, stage door keepers and supervisors.

What Will They Learn?

This qualification ensures candidates have the knowledge to manage contractors at your venue effectively.

Course Content (Summary)

Health and safety law relating to contractors • Client responsibilities • Contractor responsibilities • Contractor control

Certificate

All candidates receive an *RB Health and Safety Solutions Contractor Management Certificate* on successful completion of the course.

Duration: 1.5 - 2 Hours Maximum Candidates: 16 Price : (Face to Face) £645.00 (Virtual) £525.00 Assessment: Continuous Practical Assessment Accredited by: RB Health and Safety Solutions Ltd

Control of Substances Hazardous to Health (COSHH)

Use of chemicals which are classified as COSHH is commonplace in theatre and production environments. Anyone using such chemicals should have adequate training and there should be data sheets and COSHH assessments for each product. This course enables candidates to understand the ways in which chemicals can cause harm, control methods and how to complete the appropriate paperwork to be compliant with the regulations. This can either be certified by RB Health and Safety Solutions Ltd or accredited by the Chartered Institute of Environmental Health (CIEH).

Legal Requirements?

All employers have a legal duty under The Control of Substances Hazadous to Health Regulations (COSHH) to ensure employees are adequately trained.

Who Should Attend?

Any employee dealing with hazardous substances in the workplace or those completing the COSHH risk assessments.

What Will They Learn?

It introduces candidates to the safe use of potentially harmful substances, the risks and controls available, and outlines what to expect from a COSHH assessment.

Course Content (Summary)

Types of substances hazardous to health

Health effects of hazardous substances

COSHH assessments

Control measures

Responsibilities imposed by the COSHH regulations

Certificate

All candidates receive an *RB Health and Safety Solutions COSHH A*wareness Certificate or a CIEH Level 2 Award in the Principles of *COSHH Certificate*.

Duration: 3 Hours (RB Certificated) or 4.5 Hours (CIEH accredited)

Maximum Candidates: 16

Price : (Face to Face) £645.00 (Virtual) £525.00

Certification Fees / Books: Charged at current CIEH rates

Assessment: Multiple Choice Exam

Accredited by: RB Health and Safety Solutions Ltd or CIEH

Risk Assessment

This training course offers an in-depth look into the processes and practices involved in carrying out suitable risk assessments, focusing on the types of hazard and risk associated with the work undertaken within a theatre and production environment. Clients' own paperwork can be used during this course, which offers added value to the practical exercises (if sent to RB offices two weeks prior to the course).

Legal Requirements?

All employers have a legal duty under the Management Regulations to undertake suitable and sufficient risk assessments.

Who Should Attend?

Anyone responsible for conducting risk assessments, including supervisors, heads of department and managers.

What Will They Learn?

This qualification ensures that head of departments and managers have the necessary depth of understanding to enable them to carry out suitable and sufficient risk assessments.

Course Content (Summary)

Legislation

Principles of risk assessment

nt 🔹 📍 Prioritising risk

isk • Controls

Documentation

Monitoring controls • Risk assessment in practice

Certificate

All candidates receive an **RB Health and Safety Solutions Risk Assessment Certificate** valid for 3 years on successful completion of the course.

Duration: 1 Day Maximum Candidates: 16 Price : (Face to Face) £645.00 (Virtual) £515.00 Assessment: Continuous Practical Assessment Accredited by: RB Health and Safety Solutions Ltd

Asbestos Awareness

This training course offers anyone who could be exposed to asbestos in their work activities the knowledge and skills to identity and control any potential exposure. The Control of Asbestos Regulations require that training is undertaken regularly. This course offers candidates an indepth training which is usually followed by annual tool-box talk style training sessions delivered by the employer before this certification expires in a three year cycle.

Legal Requirements?

All employers have a legal duty under the regulations to ensure anyone who could be exposed to asbestos during their work activities has regular training.

Who Should Attend?

Anyone who could be exposed to asbestos in their work activities.

What Will They Learn?

Candidates will learn to identify asbestos, where it is likely to be found and the different types. The course will explain how to implement emergency procedures should asbestos be disturbed and what PPE is likely to be needed.

Course Content (Summarv)

- What is asbestos
- Effects of asbestos on health
- Where asbestos can be found
- Assessing the risk
- Regulations Legislation • Avoiding the risk

• PPE

Emergency procedures

Certificate

All candidates receive an RB Health and Safety Solutions Asbestos Awareness Certificate valid for 3 years on successful completion of the course.

Duration: 1.5 - 2 Hours Maximum Candidates: 16 *Price*: (Face to Face) £645.00 (Virtual) £475.00 Assessment: Written Assessment Accredited by: RB Health and Safety Solutions Ltd

Noise Awareness

Noise at work is often considered one of the major hazards when working within theatre and production and it can cause long term health effects if not controlled adequately. Awareness of noise risks and controls is very important, as people will then take notice of the risks and use risk-reduction measures properly. This course offers staff an awareness of noise and how it can cause harm, along with some simple personal controls which are often used within this industry, many of which can be found in the HSE guidance document "sound advice, control of noise at work in music and entertainment".

Legal Requirements?

All employers have a legal duty under the Control of Noise at Work Regulations to ensure staff are provided with information and training.

Who Should Attend?

It is ideal for candidates who are likely to be exposed to noise in the workplace.

What Will They Learn?

Candidates gain a basic insight into the risks involved in exposure to noise and types of control measure likely to be used.

Course Content (Summary)

- Legislation Noise definitions Noise here Hearing protection selection, use and maintenance
- Noise hearing
- Noise risk assessments
 Noise control measures
 Employer and employee responsibilities

Certificate

All candidates receive an **RB Health and Safety Solutions Noise Awa**reness Certificate valid for 3 years on successful completion of the course.

Duration: 2 Hours Maximum Candidates: 16 Price: (Face to Face) £595.00 (Virtual) £475.00 Assessment: Continuous Practical Assessment Accredited by: RB Health and Safety Solutions Ltd

enance employer and employee responsibilities

Highfield Level 3 Award in Food Safety

The objective of this Level 3 qualification is to support a role in the workplace and give learners personal growth and engagement in learning. The qualification is designed for learners who wish to progress to higher or supervisory levels within the food catering industry.

Legal Requirements?

All employers have a legal duty under The Food Hygiene Regulations to ensure employees receive adequate training.

Who Should Attend?

The course is for supervisors/managers and future supervisors and managers.

What Will They Learn?

Candidates will gain an insight into relevant regulations, understand bacteria And the causes of food poisoning and learn how to follow management procedures.

Course Content (Summary)

Ensuring compliance with food safety legislation • • Application and monitoring of good hygiene practice

How to implement food safety management procedures and the application and monitoring of good practice regarding contamination • Microbiology and Temperature control

Certificate

All Candidates receive a Highfield Level 3 Award in Food Safety Certificate valid for 3 years on successful completion of the course.

Duration: 3 Days

Maximum Candidates: 16

Price : £1715.00

Certification Fees / Books: Charged at current Highfield rates

Assessment: Multiple Choice Exam

Accredited by: Highfield Qualifications

Highfield Level 2 Award in Food Safety

This course is a Level 2 certification, accredited by the Chartered Institute of Environmental Health (CIEH), which offers an insight into basic food safety and hygiene, teaching candidates how to supervise food safety to control contamination and safeguard the health of consumers.

Legal Requirements?

All employers have a legal duty under The Food Hygiene Regulations to ensure employees receive adequate training.

Who Should Attend?

For all those involved in food handling as part of their duties.

What Will They Learn?

Gain an insight into the relevant regulations, understand bacteria and the causes of food poisoning and learn how to follow good working practices i.e. safe storage.

Course Content (Summary)

Legislation Food safety hazards Refrigeration, chilling and cold holding Cooking, hot holding and reheating

- Food handling
- Principles of safe storage
- Cleaning Food premises and equipment

Certificate

All Candidates receive a Highfield Level 2 Award in Food Safety Certificate valid for 3 years on successful completion of the course.

Duration:1 Day

Maximum Candidates: 16

Price : £645.00

Certification Fees / Books: Charged at current CIEH

Assessment: Multiple Choice Exam

Accredited by: Highfield Qualifications

Temperature control

IOSH Open courses in Central London

Both the IOSH Working (1 day) and Managing (3 day) Safely for Theatre and Production courses are now available for individual bookings. Due to the high industry demand there will be regular open courses run at a central London Theatre. Candidates will be able to book individual spaces on these courses and get to learn with other theatre professionals from various organisations.

Course fees include lunch and refreshments.

For available dates and current costs, please see our website for further information

www.rbhealthandsafety.co.uk

or call our office on **0845 257 1489**

Theatre Consultancy

Fire Risk Assessments

A Fire Risk Assessment is an organised and methodical look at your premises, the activities carried out there and the likelihood that a fire could start and cause harm.

Regulatory Reform (Fire Safety) Order 2005

This legislation came into force in October 2006 throughout England and Wales, and means that Fire Certificates are no longer issued, and have no legal status. The fire risk assessment is now a mandatory requirement for every organisation and is monitored and enforced by the fire brigade.

What do RB Health and Safety Solutions offer?

We have a number of Fire Safety Risk Assessors, all with extensive practical experience as enforcement officers. We can provide you with a fully comprehensive risk assessment for your premises. This document will have a clear list of prioritised recommendations. This list will be clearly laid out, logical and use photos to identify the premises clearly.

Please be aware of Consultants who offer basic tick box risk assessments at low prices. These will not **pass a Fire Safe**ty Inspection from the Enforcement Officers and can cost you dearly in the long run.

If it has been over a year since you had your fire risk assessments carried out then you should be considering having a fire risk assessment review. You should also consider having a review if there have been any significant changes in your workplace. At RB Health and Safety Solutions we will offer free advice to clients and cover all areas including London.

Fire Emergency Plan

You must provide an emergency plan. This will be specific to the premises and will detail the pre-planned procedures in place for use in the event of a fire (London Fire and Rescue Service).

Emergency Plans and Contingency Planning

In the event of a fire it is important that people know what to do and how to escape. Studies have shown that human behaviour in a fire situation can be very unpredictable and planning for such an event can save lives. The emergency plan should be produced after the fire risk assessment has been compiled and should be based on these findings. The emergency plan should be written down and available for staff, occupiers and enforcing authorities to see. In larger multi-occupied buildings such as office blocks then the emergency plan should be written in consultation with the other occupants, however it is usually sufficient to have one emergency plan to cover the whole building. In these circumstances then the onus usually lies with the managing agent or the owner.

What do RB Health and Safety Solutions offer?

We have a number of Fire Safety Risk Assessors, all with extensive practical experience as Fire Safety Enforcement Officers. We can arrange to have your contingency plans drawn up for you and these explained in detail. In order to effectively implement evacuation procedures you also need to consider any contingency plans for unexpected situations such as; children being unaccompanied, people wanting to access the building again or those who have left personal belongings or valuables inside.

The Format of your Emergency Plans

Th<mark>e Emergency Plan will</mark> follow the following format:

Action on discovering a fire • Warning if there is a fire • Calling the fire brigade Evacuation of the premises including those particularly at risk • Power/process isolation • Places of assembly and roll call Liaison with emergency services • Identification of key escape routes • The fire fighting equipment provided Specific fire extinguisher responsibilities in the event of a fire • Training required; provision of information to relevant persons

Remember to test your emergency plan by practicing it!

Production Risk Assessments

'A risk assessment is an important step in protecting your workers and your business, as well as complying with the law. It helps you focus on the risks that really matter in your workplace the ones with the potential to cause real harm'. Health and Safety Executive (HSE).

Why do you require a Risk Assessment?

You are legally required to assess the risks in your workplace. Theatre productions can present unique hazards and risks which can make the risk assessment process complex; ensuring these assessments are robust will assist in legal and licensing requirements.

What do RB Health and Safety Solutions offer?

We can provide you with a fully qualified and experienced Theatre Health and Safety Consultant who will produce a set of bespoke assessments for your production. To do this we will require access to the production staff, set and any special effects so that we can complete a comprehensive set of risk assessments.

Five Step Risk Assessment Format

All of our documentation follows the 5 step risk assessment format as recognised and recommended by the Health and Safety Executive (HSE): Identify the hazards • Decide who might be at risk Evaluate the risk and decide on precautions Record your findings and implement them Review your assessment and update if necessary

Theatres and Production Health and Safety Audit

Theatres and productions present unique requirements when it comes to the health and safety audit. Using an experienced safety professional who understands the industry will ensure that any recommendations are relevant to the risk and consider industry standards which can often differ from the normal standards in other industries. Our audit process goes further than any other by undertaking a full backstage observation (for production audits) or a full inspection of the venue (for theatre audits) in addition to the standard health and safety procedures audit.

Why do you need to audit?

The health and safety audit is an essential part of your health and safety management system. Legal guidance document (HSG 65) identifies that health and safety audits are required to check that your policy is being implemented whilst enabling you to measure your performance. Over time, a management system can become stale or obsolete due to change, leaving your organisation non-compliant with health and safety law. A properly-conducted health and safety audit is vital to ensure that your health and safety management system is functional, relevant, and up to date. Your audit will consider theatre and production specific standards such as the ABTT Technical Standards for Places of Entertainment.

What do RB Health and Safety Solutions offer?

As theatre specialists we undertake audits on a regular basis which means that we are able to offer a unique bespoke service. We will provide you with a fully qualified and highly experienced Health and Safety Consultant who will produce a full report on the current effectiveness of your health and safety systems, and what you can do to build on it's strengths, and combat any weaknesses.

Audit Report Format

The report will contain clear reference to information gathered during the audit (including photographs), and what, if any, improvements may be made. Recommendations will be clearly stated, give a realistic (suggested) timescale for completion and identify the priority associated to each point.

Work at Height Risk Assessments (RA), Method Statements (MS) and Rescue Plan (RP)

'To comply with the work at height regulations employers must ensure that the risks from work at height are assessed and appropriate work equipment is selected and used' Health and Safety Executive (HSE).

Why do you require a Work at Height RAMS and RP?

Working at height in the theatre and production environment could be considered one of the highest risks in the industry. As such, controls should be given serious consideration and documentation should reflect the level of risk.

What do RB Health and Safety Solutions offer?

We can provide you with a fully qualified and experienced Work at Height Consultant who will: Identify the safe systems of work for your work at height activities Document your work at height risk assessments Document the method statements for high risk work at height activities Identify and document suitable rescue plans where required Ensure rescue plans are documented and staff are aware of who will implement these

Risk Assessments

'A risk assessment is an important step in protecting your workers and your business, as well as complying with the law. It helps you focus on the risks that really matter in your workplace the ones with the potential to cause real harm' Health and Safety Executive (HSE).

Why do you require a Risk Assessment?

You are legally required to assess the risks in your workplace so that you can put a plan in place to control those risks.

More than 4 employees?

If you have more than 4 employees then you must have a written record of your Risk Assessment under the Health and Safety at Work act 1974.

What do RB Health and Safety Solutions offer?

We can provide you with a fully qualified and experienced Health and Safety Consultant who will produce a set of bespoke assessments written for the needs of your organisation.

Types of Risk Assessment

We are able to carry out a huge range of risk assessments, from assessing an individual process or piece of equipment to huge productions or events. Some common assessments undertaken by our Consultants are:

Manual handling • Fire • Display Screen Equipment (DSE)

- Work at Height
- Control of Substances Hazardous to Health (COSHH) First aid Work related stress
 - Venue and events

Theatrical production assessments

Five Step Risk Assessment Format

All of our documentation follows the 5 step risk assessment format as recognised and recommended by the Health and Safety Executive (HSE):

Identify the hazards • Decide who might be at risk • Evaluate the risk and decide on precautions

Record your findings and implement them • Review your assessment and update if necessary

